



STACK

WORKPLACE DESIGN BRILLIANCE

2019 STACK WINTER CHAMPIONSHIPS

Friday 4th – Sunday 6th October

To all Winter Champs Competitors

Thank you for entering the 2019 STACK Winter Championships. We look forward to welcoming you to Murrays Bay. Here is some additional information for the Regatta.

Measles Outbreak

Auckland is experiencing a significant and ongoing outbreak of measles. Please see attached further information from Auckland Council and the Auckland Regional Public Health Service.

Sailing Instructions

The Supplementary Sailing Instructions have been posted on the MBSC website - <https://www.murraysbay.org/events/nor-and-sailing-instructions/>.

Boat Drop-Off

Please do not linger when dropping your boat or sailors outside the club. Please offload your boat and gear promptly, and move your car away for parking.

Parking

We have mail dropped our local residents and informed them of the regatta. Please when you park in the surrounding streets, respect all the normal rules. DO NOT park on or too close to corners. DO NOT intrude on driveways.

There is also limited parking available at:

- Immediately opposite the club in the carpark on the other side of Beach Road. Please do not park in the restaurant and shop carparks. They are marked, and infringers will be towed.
- Outram Hall, immediately to the north of the Murrays Bay creek – this carpark can only be used on Friday (after 11am) and on Saturday. DO NOT use the Outram Hall carpark before 11am on Friday or on Sunday.
- Mairangi Bay on the beach front, Montrose Terrace, which is a short walk on the coastal pipeline to Murrays Bay. See photos. The reserve will be locked overnight.



Road Trailers

If anyone is proposing to leave road trailers at the club for the weekend - please don't. Rigging space will be at a premium. Please move the trailer to your accommodation, or to the Mairangi Bay parking spot.

Safety

The Tunnel: Please do not cross the main road. It is busy and on a tricky bend. You must use the tunnel which will be signposted.

Top Bunker: Standing on top of the bunker concrete barrier edge (for example for retrieving halyards etc) is prohibited.

First Aid

First Aid is located under the bar in the galley area.

Overnight Security

Overnight security has been arranged to oversee boats parked in the vicinity of MBSC for Thursday, Friday and Saturday nights.

Jon Olds Workshop

Jon Olds, or Oldsie as he's more commonly known, is an institution. We are fortunate to have Oldsie at Winter Champs again this year. You might have seen him at various youth regattas around the country, busily working away on repairing a boat in his trailer and awning, because he's been doing it since 2003. Many a young sailor will be able to thank Jon for getting them back out on the water in quick time following a breakage or damage and it could have been the difference between them having a good regatta or one to forget. Oldsie is a volunteer and does not get paid for his time

but it's expected any sailors who need his help make an appropriate cash donation to cover both the cost of materials and a little bit of his time.

Beach Trailers

Parents, after sailors are launched, please help to keep the beach tidy by tightly grouping all trailers immediately to the north of the boat ramp. (That's to the right, with your back to the sea). All beach trailers should be clearly identified with the sail number – thank you for your assistance with this.

Support Boats

All support boats must be registered at registration and nominate the boat(s) they support. All support and coach boats are requested to have VHF communications and be available to assist the race committee if required. All support boats are requested to launch from Mairangi Bay – please note that no support boat launching facilities will be available at Murrays Bay. Storage is available on the Mairangi Bay reserve. All support vessels shall have a kill-cord attached to the driver at all times while the engine is running.

Courses and Radio Channels

The classes on each course and VHF Channel assigned to each course are as follows:

Course	Classes	VHF Channel
A	Optimist Green, Optimist White, Optimist Open, O'pen Skiff, P Class	77
B	Starling, Laser Radial, 420, RS Feva	27
C	29er, RS:X 9.5, Waspz, Windfoil	17

Schedule

Friday 4 th October	
0830-0930	Registration
0930	Welcome
0945	Green Fleet briefing (there is no briefing for other classes)
0945	Support boat briefing
1115	First warning signal Course A & B (3 races)
Saturday 5 th October	
1100	First warning signal Course A & B (3 races)
1100	First warning signal Course C (4 races)
Sunday 6 th October	
1000	First warning signal Course A & B (3 races)
1000	First warning signal Course C (4 races)

Tides

Auckland tide times:

	High	Low	High	Low	High
Wed 2 Oct	-	04:29 0.2 m	10:54 3.6 m	16:50 0.3 m	23:15 3.5 m
Thu 3 Oct	-	05:17 0.3 m	11:43 3.5 m	17:40 0.4 m	-
Fri 4 Oct	00:05 3.3 m	06:06 0.4 m	12:33 3.3 m	18:32 0.6 m	-
Sat 5 Oct	00:55 3.2 m	06:56 0.6 m	13:25 3.1 m	19:27 0.8 m	-
Sun 6 Oct	01:47 3.0 m	07:48 0.7 m	14:21 3.0 m	20:25 0.9 m	-

Note high tides coincide with boat retrieval time on Sunday – there will not be a lot of beach space available. Please be patient, consider other sailors, and other beach users.

Wash Down

We want sailors to get ashore, get fed, and get warm. So when it comes to boats, there will be no wash-down available after racing on Friday and Saturday.

Clubhouse

Please enter the galley and clubhouse (if you are dry) by taking the steps to the clubhouse from the beach front. Or up the driveway ramp over the roof of the bunker. Please no sailors up the carpeted stairs inside the club. Wet sailors should get to the showers, toilets and changing rooms via the stairs inside the bunker.

Water Bottles

Please remember to bring a refillable and reusable water bottle. A water station will be available outside the bunker and in the clubrooms for refilling water bottles.

Sailors Power Snacks

Sailors will be given power snacks when they come ashore each day – tomato pasta, nachos and sausages. Please make sure the rubbish goes in the bins.

And for the Non-Sailors

Barista coffee, Bacon'n'egg butties and other snacks will be available. We encourage use of reusable coffee cups. For lunches, a full galley selection will be available including toasted sandwiches, rolls and pies. EFTPOS will be on hand.

Marine Shop

The nearest marine supplies shop is Burnsco, 17 Tawa Dr, Albany (09 443 3992).

Environment

We know we don't really need to say this, but please look after our beach and water environment. Put your litter in the bins. Tie drink bottles to your boat. Leave only your footsteps. We encourage sailors to use refillable water bottles.

Regatta Website <http://www.murraysbay.org/murrays-bay-sailing-club/winter-champs/>

Like us on Facebook <https://www.facebook.com/murraysbaysailingclub/>

Contact us info@murraysbay.org

Urgent Regatta Management Contact

If you do need to urgently contact Regatta Management, please txt or phone:

Duty Officer Simon Redpath 022 171 2815

PRO Philip Elworthy 027 441 2258

Prevent the spread of
Measles

Stop!



Do you think you have measles?

Have you been in contact with someone who has measles? Do you have a **fever** and any of the following symptoms:

Cough



Runny nose



Sore red eyes



Rash



If you or your children show symptoms please stay at home and call your doctor or Healthline (0800 611 116) for advice.

The only way to protect your family is to make sure they are vaccinated or immune.

If your children or you have missed any vaccinations, please see your doctor now to catch up. It's **FREE** at your GP.

People at high risk in a measles outbreak

Some people who get measles are at high risk of severe illness or complications. These include:

- Non-immune pregnant woman
- People with a weak immune system (from illness or medicine), and
- Infants under 12 months old.

If you think you or your child may be at high risk, and you've been in contact with someone with measles, please call your family doctor, maternity carer or specialist as soon as possible for advice.

MEDIA RELEASE

31 August 2019

Measles outbreak serious but most planned events can go ahead.

Auckland is experiencing a significant and ongoing outbreak of measles, with a total of 778 cases as of today, up from 759 yesterday. There have been 937 cases nationally this year.

Auckland Regional Public Health Service (ARPHS) Medical Officer of Health Dr William Rainger says the service is not requesting that events be cancelled or that people stay away from gatherings, unless they have been asked to be in quarantine or are unwell with possible measles symptoms.

“A medical officer of health does have powers to direct organisers of public events to cancel these, if there is a risk to public health. However, the current level of risk of measles in Auckland does not warrant using these powers.

“As well as having powers of direction, ARPHS provides advice to the public, institutions and event organisers. Our advice is that the measles outbreak is not a generally a reason for public gatherings to be called off.

“However if organisers know people attending are likely to have been exposed to measles, for instance, because they have been at a school with measles, then we ask they seek advice from ARPHS or other medical professionals about the level of risk in their specific situation.

“On the basis of this discussion, an event organiser might decide to cancel their event.

“Most events and gatherings should be able to go ahead as planned in Auckland. This may change in the future if the Ministry of Health and ARPHS decide an event has a significant risk of spreading measles to other parts of the country,” Dr Rainger says.

Over 50 schools in the region have had measles this year and ARPHS is continuing to work with the Ministry of Education to help schools manage cases.

“We are attempting to strike a balance between the risk of further spread of the disease and protecting vulnerable people against disruptions to people’s lives.

“The majority of children under 15 years are vaccinated with at least one MMR vaccine. People who were born before 1 January 1969, including overseas, are considered immune in this outbreak.

“In Auckland currently there is still only a small chance that people will be exposed to the disease. That means most people can go about their lives as usual,” Dr Rainger says.

“We are concerned about those in the region who are not vaccinated. And of this group it is the children and those who have weakened immune systems who are most at risk of complications from measles.

“Please don’t delay getting your children vaccinated at 12 months and at four years, and make sure older children are vaccinated now if they have missed out,” Dr Rainger says.

You can get vaccinated for free at any GP. There are also drop-in clinics at Clendon Shopping Centre in Manurewa during the week (Monday-Friday 9am – 4pm) and at the Manukau SuperClinic in Manukau every day (9am-4pm).

Any adult under 50 years of age also needs to check they are immune. Find your records, your Well Child or Plunket book or check with your doctor. If you are not sure, or can’t find your records, get vaccinated. Another dose of the MMR vaccine will not hurt you and it will protect you and your community.

“Do watch out for the symptoms of measles – a fever, runny nose, cough and sore red eyes, with a rash following a few days later. Please phone ahead to your GP before going to the clinic, if you think you may have measles,” Dr Rainger says

For more information or advice on measles, please call Healthline on 0800 611 116 or see the [Auckland Regional Public Health Service](#) or [Ministry of Health](#) websites.

ENDS

For media enquires please call ARPHS Communications on 021 243 2421