



2023 New Zealand ILCA 7, 6 & 4 National Championships

Wednesday 18 January - Sunday 22 January 2023

Venue – Murrays Bay, Auckland

The Organising Authority is the Murrays Bay Sailing Club (MBSC)
in association with the ILCA.nz (New Zealand Laser Association).

SAILING INSTRUCTIONS

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The Yachting New Zealand Safety Regulation Part 1 will apply.
- 1.3. RRS Appendix P, *Special Procedures for Rule 42*, will apply with changes as in SI 15.
- 1.4. Appendix T, *Arbitration* will apply.
- 1.5. In all rules governing this event the notation [DP] denotes a rule for which the penalty is at the discretion of the protest committee; and [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
- 1.6. ILCA class rule 7 (a) is changed as follows:
Only one person shall be on board whilst racing. The person shall be named on the entry form.

2. COMMUNICATION

- 2.1. The official notice board is online and located at <https://murraysbay.org/ilca-laser-nationals-2023/>. Notices to competitors will also be posted on the event WhatsApp group – “ILCA Nationals”
- 2.2. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.

3. CODE OF CONDUCT

- 3.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1800 hours or the end of protest time whichever is earlier on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the Murrays Bay Sailing Club flagpole.
- 5.2. When Flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP.

- 5.3. Boats are requested not to leave the beach until Flag D is displayed. The warning signal will be made not less than 60 minutes after Flag D is displayed

6. FORMAT OF RACING

- 6.1. ILCA 7; Open, Apprentice Masters, Masters, Grand Masters, and Great Grand Masters will sail as a single fleet.
- 6.2. ILCA 6; Youth, Men and Women will sail as a single fleet.
- 6.3. ILCA 4 entries will sail as a single fleet.
- 6.4. ILCA 6 Masters; Apprentice Masters, Masters, Grand Masters, and Great Grand Masters will sail as a single fleet.
- 6.5. The organising authority may decide to change the racing format depending on the number of entries received.

7. SCHEDULE

- 7.1. Wednesday 18 Jan 1000-1700 Registration and Equipment Inspection
Thursday 19 Jan 0800-0900 Registration and Equipment Inspection
1100 Competitor Briefing
2 races back-to-back
Friday 20 Jan 3 races back-to-back
Saturday 21 Jan 3 races back-to-back
Sunday 22 Jan 2 races back-to-back
- 7.2. The time of the first warning signal each day is 1300.
- 7.3. A total of 10 races are scheduled.
- 7.4. One extra race per day may be sailed, provided that no fleet becomes more than one race ahead of schedule and the change is made according to SI 4.1
- 7.5. [NP] The target time for all races is 45-50 minutes.
- 7.6. Registration and briefing will be held at the Murrays Bay Sailing Club.
- 7.7. The warning signal for a subsequent race for a fleet on the same day will be made as soon as practicable but no sooner than 5 minutes after the last boat finishes the previous race for that fleet.
- 7.8. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 7.9. On Sunday, 22 January 2022 no warning signal will be made after 1530 hours.

8. FLEET FLAGS

- 8.1. Fleet flags will be:

Fleet	Flag
ILCA 7	White flag with red ILCA insignia
ILCA 6	Green flag with white ILCA insignia
ILCA 6 Masters	Yellow flag with white ILCA insignia
Laser 4.7	Refer notice board

9. THE COURSES

- 9.1. The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, the side on which each mark is to be left and the description of the marks.
- 9.2. No later than the warning signal, the race committee signal boat will display the letter and number of the course to be sailed for each fleet.
- 9.3. No later than the warning signal, the race committee signal vessel will display the approximate compass bearing and distance in nautical miles from the start line to mark 1.
- 9.4. The course may be shortened to finish at a rounding mark provided four or more legs have been sailed.

10. MARKS

- 10.1. The marks are described in attachment A.

11. THE START

- 11.1. The starting line will be between staffs displaying orange flags on the starting vessels.
- 11.2. The starts of some fleets may be combined.
- 11.3. [NP][DP] When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 metres from the starting line and marks in all directions.
- 11.4. A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4, *Low Point System*, and A5, *Scores Determined by the Race Committee*.
- 11.5. RRS 30.4, *Black Flag Rule*, is supplemented as follows:
- (a) Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed.
 - (b) For the purposes of RRS 30.4, *Black Flag Rule*, a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date or is resailed as part of a final series instead of a qualifying series.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13. ABANDONING A RACE

- 13.1. In addition to RRS 32.1, *Shortening or Abandoning after the Start*, the race committee may abandon the race because of a major wind shift or irregular winds or when the wind speed drops below 5 knots (2.5 m/s). Action, or no action, by the race committee under this sailing instruction shall not be grounds for redress under RRS 62.1(a), *Right to Protest; Right to Redress or Rule 69 Action*.

14. THE FINISH

- 14.1. The finishing line will be between a staff displaying a blue flag on the committee vessel finishing mark and either:
- (a) the course side of the other nearby finish mark, or
 - (b) a staff displaying a blue flag on the nearby race committee vessel.

15. PENALTY SYSTEM FOR BREACHES OF RRS 42

- 15.1. RRS Appendix P, *Special Procedures for Rule 42*, will apply with the following changes
- (a) If a first penalty is signalled after a boat has crossed the finish line, a scoring penalty of 10% rounded to a whole number (rounding 0.5 upward) of the number of entries in the boats fleet will be added to the boat's score. However, she shall not be scored worse than DSQ and P2.1, *First Penalty*, will not apply.
 - (b) RRS P3, *Postponement, General Recall or Abandonment*, is replaced with "If a boat has been penalised for the first time under rule P1.2 and the race is restarted or resailed the penalty is cancelled, but it is counted to determine the number of times she has been penalised during the regatta."
 - (c) RRS P4, *Redress Limitation*, is replaced with "An action by the protest committee under rule P1.2 shall not be grounds for a request for redress by a boat. The protest committee may initiate a redress hearing and may give redress for an action under rule P1.2 by a member of the protest committee or its designated observer". This changes RRS 60.1(b), *Right to Protest; Right to Request Redress or Rule 69 Action*.
- 15.2. A boat that has either retired from or been disqualified in a race for a second or subsequent breach of RRS 42 shall not compete in that race if it is restarted or resailed. For the purposes of this instruction a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date or is resailed as part of a final series instead of a qualifying series. If she competes in that race, she shall be disqualified without a hearing and that score shall not be excluded (DNE) and the protest committee will consider calling a hearing under RRS 69, *Misconduct*. This does not apply when the disqualification is the result of the boat's first penalty, and she was not informed of the disqualification prior to the restart or resail. This changes RRS 36, *Races Restarted or Resailed*.

This means:

Yellow Flag	Immediate penalty action by boat	After a general recall or a postponement or an abandonment	If no penalty action by boat	After a general recall or a postponement or an abandonment
1 st	Two turns or 10% scoring SI 15.1(a)	May restart	DSQ	May restart
2 nd	Retire (RET)	Shall not restart	DNE	Shall not restart
3 rd	Retire (DNE)	Shall not restart	DNE Regatta	Shall not restart

16. TIME LIMITS AND TARGET TIMES

- 16.1. The time limits and target times in minutes for the first boat in each fleet are as follows:

Fleet	Time Limit	Mark 1 Time Limit	Target Time
All Fleets	70 minutes	25 minutes	45 minutes

- 16.2. If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress under RRS 62.1(a), *Redress*.
- 16.3. Boats failing to finish within twenty minutes after the first boat in their fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, *Race Time Limit and Scores*, and A5, *Scores Determined by the Race Committee*.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. To request correction of an alleged error in posted race or series results, a boat shall either complete a scoring enquiry online or on a form available at the race office
- 17.2. Protests, requests for redress and reopening requests shall either be lodged online, or on a form available at the race office, within the appropriate time limit.
- 17.3. The protest time limit will be determined by the protest committee and will be posted on the official notice board. The protest time limit may be different for each fleet.
- 17.4. Notices will be posted within 15 minutes of the protest time limit, on the official notice board, to inform competitors of hearings in which they are parties. Hearings will be held in the jury room shown on the regatta site plan.
- 17.5. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b), *Informing the Protestee*.
- 17.6. A list of boats that have been penalised for breaking RRS 42, *Propulsion*, under Appendix P will be posted on the official notice board.

18. SCORING

- 18.1. Each fleet will be scored separately.
- 18.2. All boats in a fleet will be scored as a single fleet, irrespective of the divisions that they exist within that fleet.
- 18.3. Five races are required to be completed for a fleet to constitute a series for that fleet.
- 18.4. When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- 18.5. When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19. [NP][DP] SAFETY REGULATIONS

- 19.1. Competitors shall wear a personal flotation device securely fastened at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits do not constitute adequate personal buoyancy. This changes RRS 40.
- 19.2. All competitors or their representative shall sign-on each time they leave the shore to enter the course and shall sign-off each time they come ashore from the course.
- 19.3. A boat that retires from a race or returns to the launching area before she has finished the last race of the day shall notify the race committee as soon as possible.
- 19.4. If a boat does not sign-on or sign-off, for each infringement, a scoring penalty of 10% (rounded up to the next whole number) of the number of entries will, without a hearing, be added to the boat's score. However, she shall not be scored worse than DSQ. This changes RRS 63.1, *Requirements for a Hearing*, and RRS A5, *Scores Determined by the Race Committee*.

20. [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of competitors will not be allowed.
- 20.2. All competitors shall use only one hull, sail, batten set, mast, boom, centreboard and rudder which shall be identified during equipment inspection.
- 20.3. In the event of damage, boats and equipment may only be substituted with the written permission of the equipment inspector. If the damage occurs later than 90 minutes before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the equipment inspector, protest committee or race committee and the written permission of the equipment inspector shall be applied for before the protest time limit at the end of the day in which the substitution takes place.
- 20.4. Change of sail numbers will not be allowed without prior written approval of the race committee.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee or the technical committee to proceed immediately to a designated area for inspection.
- 21.2. If a boat is sailed without a centreboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 30% (rounded up to the next whole number) of the number of entries will, without a hearing, be added to the boats score in the last completed race in which she was racing without a centreboard stopper or the retention line. However, she shall not be scored worse than DSQ. This changes RRSs 63.1, *Requirements for a Hearing*, and A5, *Scores Determined by the Race Committee*.

22. OFFICIAL VESSELS

- 22.1. Race committee vessels will fly a distinctive flag as advised at the briefing.
- 22.2. Protest committee vessels will fly a flag with the letter J.

23. [NP][DP] SUPPORT VESSELS

- 23.1. Except when participating in rescue operations, team leaders, coaches, parents and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement or an abandonment (but not a general recall) of all fleets. The areas the boats are racing is defined as the area inside the course and within 100 meters of any mark, lay line, starting line, finishing line or any area where any boat that is racing is sailing or may sail. During any starting sequence, support vessels in the vicinity of the start line, shall stay at least 50 meters below the starting line and its extensions.
- 23.2. When the wind is less than 10 knots support vessels shall not exceed 5 knots within 500m of the area where boats are racing at other times vessels that are motoring above 5 knots shall remain at least 150 metres from any boat racing.
- 23.3. Attention is drawn to the relevant local authority bylaws regarding wearing of lifejackets and other restrictions. In addition, all occupants of support vessels less than 6 metres long shall always wear an appropriate size personal flotation device (PFD) while afloat, except briefly while changing or adjusting clothing or personal equipment. Each PFD shall comply with Maritime Rules Part 91, Navigation Safety Rules Wet suits and dry suits are not PFDs. For support vessels 6 metres or longer the Maritime Rules require the vessel carry sufficient personal flotation devices of an appropriate size for each person on board and in a readily accessible location.
- 23.4. All support vessels shall have a kill-cord always attached to the driver when the engine is running unless prior written exemption has been provided by the organising authority.
- 23.5. The race committee or the protest committee may protest any boat whose support vessel is in breach of SI 23. Penalties imposed because of a protest under this rule may result in a penalty being imposed on the boat(s) supported by the support vessel.

24. [NP][DP] HAUL OUT RESTRICTIONS

- 24.1. All boats will be required to launch and retrieve from the beach adjacent to the Murrays Bay Sailing Club except with and according to the terms of prior written permission of the race committee.
- 24.2. Launching trolleys shall be stacked neatly to the Nth-West of the public launching ramp while boats are afloat.

25. PRIZES

- 25.1. Provided that the entries meet the ILCA entry criteria for awards, cubes will be awarded in the following divisions:
- ILCA 7: Open.
 - ILCA 6: Youth, Men and Women.
 - ILCA 4: Boys and Girls. (Cubes awarded to competitors under 18 years old in the year of the event).
 - ILCA 7 Masters: Apprentice Master, Master, Grand Master, and Great Grand Master.
 - ILCA 6 Masters: Apprentice Master, Master, Grand Master, and Great Grand Master.
- 25.2. Division results will be determined by the series score in the combined fleets. (Note: These results will be extracted from the overall results and published without recalculation.)
- 25.3. Other prizes may be awarded at the discretion of the organising authority or the NZLA.

26. DISCLAIMER OF LIABILITY

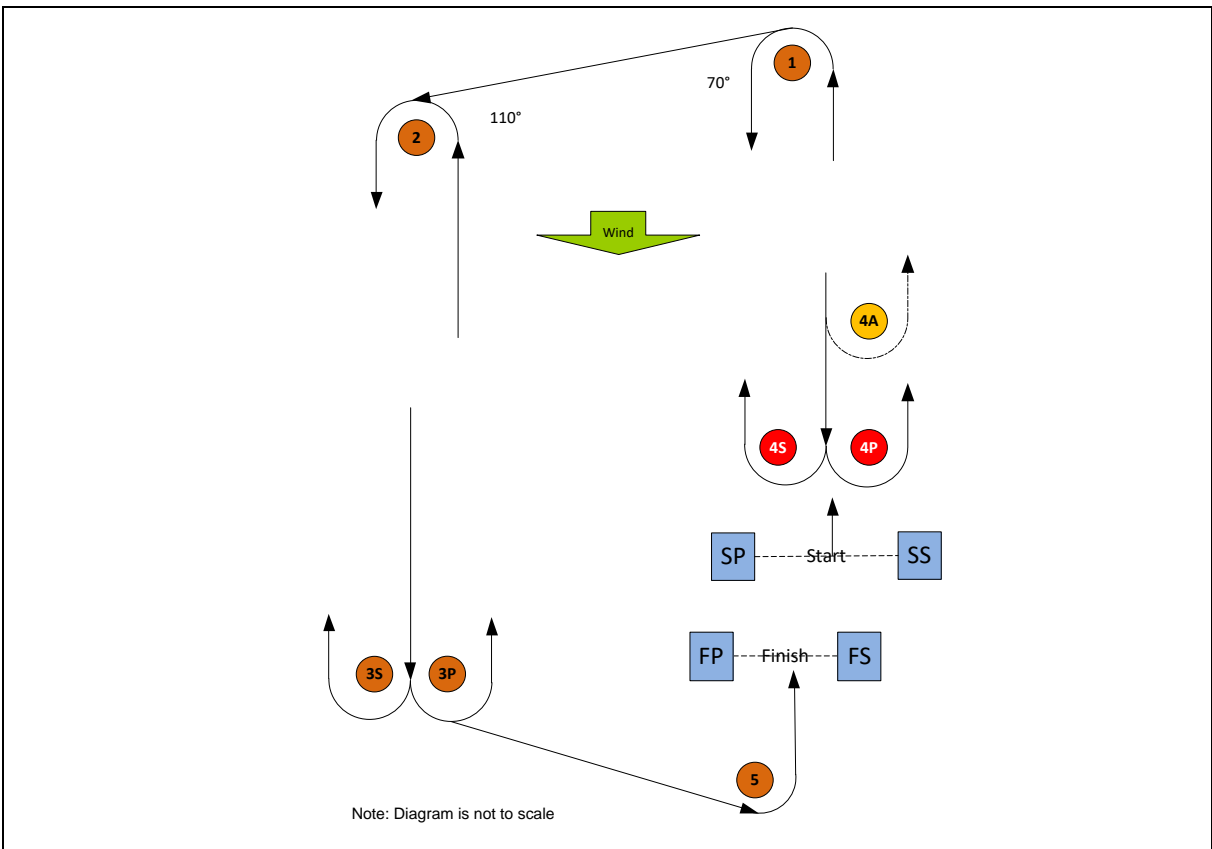
- 26.1. Competitors participate in the event entirely at their own risk. See Rule 4, *Decision to Race*. It is the responsibility of each competitor, and where applicable the nominated responsible adult, to decide to participate in a race or to continue racing. By entering in the championship and deciding to race a competitor warrants that he or she is in good health and a competent competitor capable of racing a ILCA 7 / ILCA 6 / ILCA 4 in open water in strong winds. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the event.

27. INSURANCE

- 27.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 per incident or the equivalent.

Sailing Instructions

Attachment A - Course Illustration



Course:

Signal	Mark Rounding Order (all marks to be left to port, other than at a gate)
I2	Start – 1 – 4S/4P (gate) – 1 – 2 – 3S/3P (gate) – 5 – Finish
I3	Start – 1 – 4S/4P (gate) – 1 – 4S/4P (gate) – 1 – 2 – 3S/3P (gate) – 5 - Finish
O2	Start – 1 – 2 – 3S/3P (gate) – 2 – 3S/3P (gate) – 5 – Finish
O3	Start – 1 – 2 – 3S/3P (gate) – 2 – 3S/3P (gate) – 2 – 3S/3P (gate) – 5 – Finish
4.7 Fleet	4.7 fleet shall substitute mark 4A for marks 4S/4P

Marks	Description
1, 2, 3S, 3P, and 4A	Orange inflatable buoys
4S, 4P and 5	Orange inflatable buoys
Starting mark starboard end	Race committee vessel
Starting mark port end	Race committee vessel
Finishing mark starboard end	Race committee vessel
Finishing mark port end	Race committee vessel or White spherical buoy
New mark (SI 12.1)	Yellow cylindrical buoy